

COVID-19 SAFETY PLAN

Geographe Outrigger Canoe Racing Club

Association/Club	Geographe Outrigger Canoe Racing Club
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Version	1.0
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1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by **Geographe Outrigger Canoe Racing Club** to support the club and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the **Geographe Outrigger Canoe Racing Club** any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at club facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;

Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on **Geographe Outrigger Canoe Racing Club's** return to sport plans;

- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process the club must consider and apply all applicable State and Territory Government and local restrictions and regulations. The club needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

3. Responsibilities under this Plan

Geographe Outrigger Canoe Racing Club retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Committee of **Geographe Outrigger Canoe Racing Club** is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Committee has appointed the following person as the club COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Andrea Triffitt
Contact Email	dbtriff@yahoo.com
Contact Number	0413353595

Geographe Outrigger Canoe Racing Club expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by the club;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Return to Sport Arrangements

As at the date of this plan participants are training at Level C of the AIS Framework. The Plan outlines specific sport requirements that the club will implement for Level B and Level C of the AIS Framework.

Geographe Outrigger Canoe Racing Club will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

4.2 Roadmap to a COVIDSafe Australia

Geographe Outrigger Canoe Racing Club will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

AIS Activities	Level A: Training in no more than pairs. Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Level C: Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m ²).	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	Further steps TBC

5. Recovery

When public health officials determine that the outbreak has ended in the local community, **Geographe Outrigger Canoe Racing Club** will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. The club will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of **Geographe Outrigger Canoe Racing Club** will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Appendix: Outline of Return to Sport Arrangements

Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B) N/A at this time	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>The club must obtain the following approvals to allow a return to training at Level B:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of community sport. • Relaxation of public gathering restrictions to enable training to occur. • Local government/venue owner approval to training at venue, if required. • National/state sporting body/local association approval of return to training for community sport. • Club committee has approved return to training for club. • Insurance arrangements confirmed to cover training. 	<p>The club must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> • Relaxation of public gathering restrictions to enable training to occur. • Local government/venue owner approval to training/competition at venue, if required. • National/state sporting body/local association approval to return to training/competition for community sport. • Club committee has approved return to competition for club. • Insurance arrangements confirmed to cover competition.
Training Processes	<p>N/A at this time. In circumstances of regression Geographe Outriggers Will immediately review this plan as required.</p>	<ul style="list-style-type: none"> • Training to be permitted both in larger (OC6) and smaller (OC2, OC1, Va'a) boats • Club members will limit gatherings before or after training sessions • There will be no sharing of personal or club equipment during a single training session (for example, if a paddler selects a club paddle to use for training they will keep that paddle for the entire session and no other paddler will be permitted to use it) • Shared equipment will be sanitised before and after each use buy washing or wiping with suitable cleaner.

		<ul style="list-style-type: none"> • Personal equipment such as paddles will only be handled by the owner • There will be no physical contact between paddlers including high-fives, shaking hands or hugging • Paddlers will wash hands or use sanitiser prior to and after each session. • There will be no spitting, clearing nose or coughing permitted • Paddlers will maintain social distancing including lifting/carrying large boats (unless this poses a manual handling risk) • Water bottles will not be shared, each member will need to provide their own water bottle clearly labelled. • There will be a nominated Covid club representative at each session to ensure these guidelines are being adhered to. • Instateam will be considered a written record of attendance, the nominated session Club Covid Rep and coach will be responsible for ensuring this record is accurate • If a paddler chooses to ignore or fails to meet club Covid Guidelines they will be excluded from training by the Coach or assigned session Club Covid Rep • Should a paddler or coach become unwell or develop symptoms during a session, they will be isolated as soon as possible and assisted to return home or seek medical help. The nominated Covid Rep will notify local authorities and communicate advice from the authorities via the Committee.
Hygiene		Shared Equipment will be washed or wiped with sanitiser prior to and following use.

		See also above.
Communications		<p>The club will email all members a copy of the Covid Plan highlighting Level C protocols along with a 1 page summary. The club will also promote use of the Covid Safe app via these emails.</p> <p>Prior to each training session the Coach or nominated session Club Covid Rep will reinforce hand washing, general hygiene etiquette and social distancing requirements</p> <p>The club will place written reminders at the entrance to and within the shed to promote good personal hygiene and social distancing measures</p> <p>Any member will be permitted to remind another member of current Club Covid guidelines /responsibilities.</p>

Part 2 – Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>The club must obtain the following approvals to allow use of club facilities at Level B:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of facility operations. • Local government/venue owner approval to use of facility, if required. • Club committee has approved plan for use of club facilities. • Insurance arrangements confirmed to cover facility usage. 	<p>N/A</p> <p>The club must obtain the following approvals to allow use of club facilities at Level C:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of facility operations. • Local government has given approval to use of facility, if required. • Club committee has approved plan for use of club facilities.

		<ul style="list-style-type: none"> Insurance arrangements confirmed to cover facility usage.
Facilities		<p>Club facility is a shed. Toilet facilities are not owned or managed by the club, however the club has ensured that members are able to use these facilities following social distancing and hygiene guidelines</p> <ul style="list-style-type: none"> The club fridge will not be used whilst Level C Restrictions in place.
Facility access		<p>The number of paddlers accessing the shed at any time will be kept to a minimum. Following social distancing guidelines, there will be no more than 8 paddlers in the shed at any time. Where possible members will enter the shed through the door and exit through the roller doors.</p> <p>Spectators will not enter the premises and will maintain appropriate social distancing standing whilst outside the club</p> <p>The club will keep a written register of members accessing the facility including entry and exit time.</p>
Hygiene		See above
Management of unwell participants		<p>Members will not be allowed to participate if they have:</p> <ul style="list-style-type: none"> COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days Flu-like symptoms including cough, fever, sore throat, running nose Travelled interstate or internationally in the past 14 days
Club responsibilities	<p>The club will oversee:</p> <ul style="list-style-type: none"> Provision and conduct of hygiene protocols as per the Plan. 	As per Level B.

	<ul style="list-style-type: none">• The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance.• Coordination of Level B field and training operations.• Operation of the club's facilities in support of all Level B training activities in accordance with this Plan.	
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